

Training Workshop Calendar

February – July 2018

DUNEDIN

| FEBRUARY | PUBLIC WORKSHOPS | DURATION | PRICE + GST |
|----------|------------------------------------|----------|-------------|
| 7 | Finetuning Your Assertiveness | Full day | \$495 |
| 9 | Effective Communication – Level I | Full day | \$495 |
| 20 | Providing AWESOME Customer Service | Full day | \$495 |
| 22 | Time Management | Full day | \$495 |
| 28 | Negotiation Skills | Full day | \$495 |

| MARCH | PUBLIC WORKSHOPS | DURATION | PRICE + GST |
|-------|--|----------|--|
| 5 - 7 | Introduction to Management & Leadership – includes your Personal Belbin's Team Types Report & 1:1 (2hr) coaching session. | 3 days | \$1495* Early Bird Special \$1250* |
| 7 - 9 | Essentials of Appreciative Inquiry (Ai) | 3 days | \$1495* Early Bird Special \$1250* |
| 13 | Professional Presence | Full day | \$495 |
| 15 | Energy Management for Vibrant Health | Half day | \$295 |
| 20 | Train the Trainer | Full day | \$495 |
| 22 | Stress Management | Full day | \$495 |

| APRIL | PUBLIC WORKSHOPS | DURATION | PRICE + GST |
|-------|---------------------------------|----------|-------------|
| 4 | Courageous Conversations | Full day | \$495 |
| 10 | Motivating & Influencing Others | Half day | \$295 |
| 24 | Handling Customer Complaints | Full day | \$495 |
| 26 | Conducting On the Job Training | Full day | \$495 |

| MAY | PUBLIC WORKSHOPS | DURATION | PRICE + GST |
|-----|-----------------------------------|----------|-------------|
| 2 | Effective Communication Skills | Full day | \$495 |
| 8 | Time Management | Full day | \$295 |
| 17 | Presentation Skills | Full day | \$495 |
| 22 | Problem Solving & Decision Making | Full day | \$495 |

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| JUNE | PUBLIC WORKSHOPS | DURATION | PRICE + GST |
|-------|--|----------|--|
| 1 | AWESOME Customer Service | Full day | \$495 |
| 5 | Interviewing Skills & Techniques | Full day | \$495 |
| 14 | Train the Trainer | Full day | \$495 |
| 19 | Effective Communication Skills | Full day | \$495 |
| 20-22 | Introduction to Management & Leadership – includes your Personal Belbin's Team Types Report & 1:1 (2hr) coaching session. | 3 days | \$1495* Early Bird Special \$1250* |

| JULY | PUBLIC WORKSHOPS | DURATION | PRICE + GST |
|------|---|----------|-------------|
| 3 | Motivating & Influencing Others | Half day | \$295 |
| 5 | Finetuning Your Assertiveness | Full day | \$495 |
| 10 | Working to your Strengths includes your Personal Belbin's Team Types Report & 1:1 (2hr) coaching session. | Full day | \$575* |
| 12 | Managing Performance Effectively | Full day | \$495 |
| 19 | Negotiation Skills | Full day | \$495 |
| 24 | Courageous Conversations | Full day | \$495 |

Please note:

- Dates may be subject to change.
- Subsidised Not-for-profit rates available upon consultation.
- *Includes the cost of the MBTI (Myers Briggs Type Indicator) or Belbin's Online Assessment & Personal Profile
- Workshops can be run as **In-house training workshops** tailor-made to suit the needs of you, your team & your organisation's mission, values & focus & as **Training Bites**.
- 1:1 Coaching options.

For further public workshop information & on our full suite of offerings call us on 03 478 0061 or visit our website

www.freespiritnz.com